

TRUE BLUE WEEKLY

The official newsletter of Coogee Surf Life Saving Club

Coogee SLSC respectfully acknowledges the Traditional Owners of Koojay, the Bidjigal and Gadigal people of the Eora Nations. We pay respect to the Elders, past and present.



Congratulations to all our Competitors following the Branch Championships, and a big thank you to the water safety and first aid officers whose support made our participation possible. The SLS State Championships begin this weekend with Champion Lifesaver events at Blacksmiths Beach.

This weekend, patrols continue as normal, the Manta Rays Program enters its second week after a fantastic launch, Bronze medallion training steps up in intensity, and our IRB Crew course undertakes assessment.

Our Management Committee met this week to discuss the upcoming competition pipeline and plans for the April Coogee Island Challenge.

Have a good weekend
Emily Miers – Honorary Secretary



What's on around the Club?

Friday 13 February: Australian Surf Powers League Championships start

- Friday 13 February: Australian Surf Rowers League Championships start
- Saturday 14 February: SLS NSW State Championships start
- Saturday 7 March: IRB Scary at Garie Weekend
- Sunday 8 March: Pink Patrol
- Saturday 21 March: Aussies Championship starts

THIS WEEKEND'S PATROLS

 <p>Patrol 9 Captain Emma</p>	<p style="text-align: center;">SATURDAY 14 FEB 8.45AM - 1.30PM</p> <p>P9 PC: EMMA VC: YASMIN</p>	 <p>Patrol 10 Captain Ruby</p>	<p style="text-align: center;">SATURDAY 14 FEB 1.15PM - 6.00PM</p> <p>PIO PC: RUBY VC: CHARLIE</p>
 <p>Patrol 11 Captain Madeleine</p>	<p style="text-align: center;">SUNDAY 15 FEB 8.45AM - 1.30PM</p> <p>P11 PC: MADELEINE VC: ALEXANDRA</p>	 <p>Patrol 12 Captain Michael</p>	<p style="text-align: center;">SUNDAY 15 FEB 1.15PM - 6.00PM</p> <p>P12 PC: MICHAEL VC: ANNA</p>



SCARY GARIE

**WEEKEND AWAY TO
SHARPEN YOUR IRB SKILLS
(CREW AND DRIVERS)**

- When 7-8 March 2026
- Where: Garie SLSC
- For more info and registration link please see full details in the Coogee IRB Team WhatsApp or reach out to Julian or Felipe.

Get ready for Scary Garie 2026!

Hosted by the Coogee IRB Team, this community weekend away at Garie Beach is the perfect chance for drivers, crew, and all club members to sharpen their skills and connect with the lifesaving family. Whether you're coming for the full weekend sleepover or just a day trip, you can

expect IRB training, fun, and a trivia event Saturday night.

- Registration: Closes 1 March (or 14 February if you want a t-shirt)
- Cost: Adults \$40 or \$80 | Under 18s FREE or \$40 (with or without t-shirt)
- Registration Link: <https://www.trybooking.com/DJJLN>

Any questions, reach out to Julian or Felipe.

Lifesaving Awards 25/26

It's time to get your nominations in for this season's lifesaving awards.
Please make your submission here.



Coogee SLSC Manta Rays

The "Coogee SLSC Manta Rays" program continues tomorrow, run exclusively by our Club volunteers each Saturday from 8-9am until 28 March 2026.
If you would like to volunteer, [click here to register](#).

SLS Sydney Branch Championships - Masters Wrap Up

To read more about the carnival last weekend (including photos), [click here](#).

The word "ROSE" is written in large, bold, dark blue capital letters. Below it, the word "Shield" is written in a light blue, cursive script font. The background features a faint, circular ripple effect.

President's Cup and Rose Shield on Sunday 8 March 2026 from 9am

Everyone is welcome (u13 and up) to join the President's Cup and Rose Shield, both team events. There is no need to pre-organise teams, these are allocated on the day based on attendees. Everyone will be involved in a beach relay, surf race and have an option of a swim, board or run leg.

Following the racing, the Aussies information session will take place in the Ocean Room (from approx 10:30am).

Book your place here.



**COOGEE SLSC
GOLF DAY**

ENJOY A DAY OF GOLF, NETWORKING AND ENTERTAINMENT IN SUPPORT OF OUR VOLUNTEER LIFE SAVERS AT COOGEE BEACH

Date
15th April

Time
7.30am-3pm

Location
St Michael's Golf Course

YOUR TICKET INCLUDES:

- BREAKFAST ON ARRIVAL
- 18 HOLES OF GOLF
- LUNCH

REGISTER NOW!

Join us for the inaugural Coogee SLSC Golf Day, a brand-new fundraising event created to bring our community together. Register now for a standout day on the greens at St Michael's Golf Course in support of the Coogee SLSC.

Enjoy a relaxed and social day of golf, networking and entertainment, all while helping support the volunteer lifesavers who keep Coogee Beach safe.

Your ticket includes breakfast on arrival, 18 holes of golf and lunch.

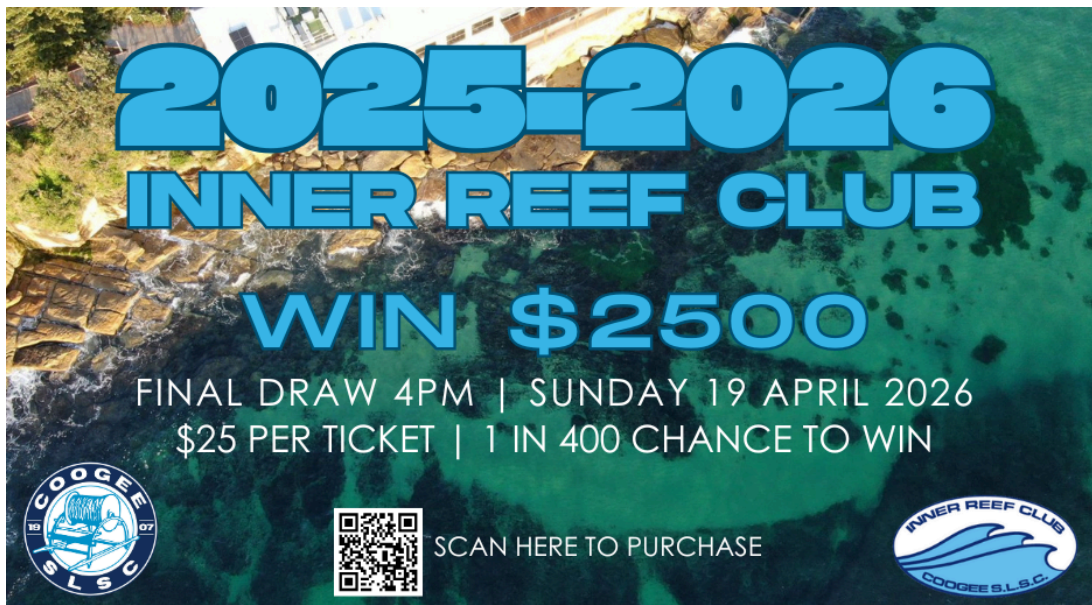
Date: Wednesday 15 April 2026

Time: 7:30am – 3pm

Location: St Michael's Golf Course

Spots are limited - gather your team and Register NOW for a great day out.

If you are interested in sponsoring a hole or volunteering on the day, we would love your help. Send us an email at golfday@coogeeslsc.com.au



**2025-2026
INNER REEF CLUB
WIN \$2500**

FINAL DRAW 4PM | SUNDAY 19 APRIL 2026
\$25 PER TICKET | 1 IN 400 CHANCE TO WIN

COOGEE SLSC

SCAN HERE TO PURCHASE

**INNER REEF CLUB
COOGEE S.L.S.C.**

A stalwart of the Club, the Inner Reef Club has reopened for the 2025/26 season. Purchasing a ticket not only supports the Club with vital equipment, but each ticket has a 1 in 400 chance of winning \$2,500 cash! The mini draws will take place on 7 March 2026, and the final draw will take

winning \$2,500 cash! The mini draws will take place on 7 March 2026, and the final draw will take place on 19 April 2026. Join the Inner Reef Club here.

[CLICK HERE FOR HIGHER AWARDS EOI FORM](#)

[CLICK HERE FOR THE PATROL ROSTER](#)

OFFICE OPENING TIMES

The Coogee SLSC office is open at the following times (noting that these times are subject to change should additional room bookings be received). Members are reminded that access to the Ocean Room is not permitted during an event. Members are also reminded that the office is staffed by youth Members from 9am to 12pm every Sunday.

- Sunday 15 February 2026: OPEN 9am - 12pm
- Monday 16 February 2026: OPEN 7am - 12pm
- Friday 20 February 2026: CLOSED
- Sunday 22 February 2026: OPEN 9am - 12pm
- Monday 23 February 2026: OPEN 7am - 12pm
- Friday 27 February 2026: OPEN 9am - 10am

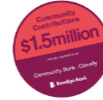
REGULARLY USED LINKS

[READ THE MEMBERS HANDBOOK](#)

[READ THE LATEST NEWS](#)



Coogee Surf Life Saving Club is proudly supported by



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Cnr Beach & Carr St
Coogee, NSW 2034

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